

## SAUNA RULES

### Sauna-hut Gästehaus Birkenhof & Apartments Rosenhof



Dear guest,

by booking your stay, you conclude a bathing and sauna contract with the Birkenhof & Apartments Rosenhof guest house and thereby accept the following sauna regulations as part of the contract.

These sauna regulations are a supplement to the bathing regulations.

#### 1. Opening times and granting of access / minimum age

- The hotel allows guests to use the sauna during the opening times announced by notice or by the staff.
- The hotel reserves the right to refuse entry to persons, whose admission to the sauna appears questionable, without giving any reason.
- If there is a short-term / unexpected closure of the facility, the announced opening times will be canceled and access to the sauna area will not be possible
- If the permitted number of visitors is exceeded, the property can prohibit other guests from visiting or waiting times can be expected.

**The maximum number of visitors per sauna session is 8 people!**

- **Persons under 16 years of age are not allowed to enter the sauna!**
- **Sauna infusions are prohibited and may not be carried out yourself.**

#### 2. Textile-free zone / barefoot area / calm behavior

- **The following applies to all guests: The sauna is a textile-free zone.**
- **Street shoes are not allowed in the sauna anteroom or in the sauna!**  
Please use the storage compartments in the entry area of the sauna hut.
- If possible, we ask you to deposit valuables in your rooms / apartments. We are not liable for any loss or loss of valuables brought along!
- Mobile phones must always be muted
- Photography is prohibited in the entire sauna area.
- Taking a sauna is for relaxation, so we ask you to remain calm!

#### 3. Food and drinks

- No food or drinks are allowed in the sauna area.
- Alcohol and smoking are prohibited in the entire sauna area!
- The use of drinking bottles made of glass, porcelain, etc. is prohibited in the entire bathing area due to the risk of injury.
- Waste must be placed into the designated waste containers.
- In all indoor areas of the hotel, we request that appropriate clothing is worn. Swimming wear is prohibited.

#### 4. Hygiene regulations

- The guests are obliged to be extremely clean in the entire sauna area.
- **Showering is compulsory before and after the sauna!**  
Other cosmetic projects are not permitted (shaving, hair coloring, pedicures ...).
- People with infectious diseases must not enter the pool facility.
- Waste is to be disposed of in the designated waste container.
- **No sweat on wood - please always put a towel underneath when using the sauna!**
- **Always keep the door to the Finnish sauna closed!**